



Until a few years ago addiction was seen as a vice or a bad habit, overcome with the good will of the individual. Research has instead shown that addiction is a complex disorder that involves biological, psychological and social spheres. In this prospective, early diagnosis and intervention are essential because they can contribute to increase the effectiveness of the treatment, to reduce the risk of recurrence and chronicization and they prevent the outbreak of related psychiatric pathologies.



TEAM

The team working on our services consists of professional educators, psychologists/psychotherapists, pedagogists and psychiatrist that ensure an holistic vision not only of the substance disorder, but of the personal and socio-familiar characteristics.

WHO ARE WE?

Ce.Re.So has been operating in the metropolitan city area since 1991 offering concrete solutions for the diagnosis and treatment of pathological addictions, with and without substances. We look at the person in their entirety and take charge of their discomfort through a multidimensional and multidisciplinary approach.

THE SERVICES

Our services are designed and structured to address the needs and issues that arise during the evaluation process and they are continuously monitored by the multidisciplinary team that prepares systematic verifications of the Individualized Treatment Plan, which can be revised, updated, or improved as needed. The duration of the treatment is defined and agreed with the person and varies based on the goals to be achieved and the areas of intervention.

The residential and semi-residential services of CeReSo aim to address the following needs:

Provide an accurate diagnostic service that allows for the establishment of a rehabilitation path that is personalized according to the specific condition of the individual

Offer continuous support to the person and /or family through the development of individualized treatment plans that will be carried out at our centers or in other structures identified through need and diagnosis.

Through individual therapeutic and rehabilitative activities, they intervene on cravings, compliance with pharmacological treatments, and work on increasing awareness, improving motivation and encouraging change.

**You can request an appointment by calling the following numbers:
0965-44389 / 3317586166**

**Monday to Saturday, from 9:00 AM to 1:00 PM and from 2:30 PM to 6:30 PM, or by sending an email to:
ceresosemiresidenziale@cereso.it**

The following services are available:

- Counseling and psychoeducation, both individual and group, on substance and non-substance addiction
- Psychological support
- Individual and group psychotherapy
- Psycho-physical and psychoeducational workshops
- Music therapy
- Group analysis
- Mindfulness-based relapse prevention programs (individual and/or group)
- Family pedagogical counseling
- Self-help groups for individuals with substance or non-substance addictions and their caregivers
- Diagnostic evaluations and pharmacotherapy
- Residential and daytime treatment programs

Locations:

Residential Rehabilitation Therapeutic Community: ARCHE'

Semi-residential Rehabilitation Therapeutic Service: Don Tonino Bello



@cereso_rc



CeReSo on line



www.cereso.it



Centro Reggino di Solidarietà